

MINUTES OF THE NORTH TEXAS
LOCAL MASTERS SWIM COMMITTEE

A meeting of the North Texas LMSC was held at the Doubletree Hotel on North Central Expressway on Saturday, December 11, 2010 at 12:30 p.m. Notice of the meeting was issued on November 26, 2010 which was in accordance with the timeline in the committee by-laws.

- I. Roll Call – The following individuals attended the meeting: Lynn Morrison (Chairman); Kim Shaw (Secretary/Treasurer); Dave Young (Registrar) and the following team representatives – Ken Pipkin and Steve Morris (PCAT).
- II. Minutes – The Secretary read the minutes of the previous meeting on September 25, 2010. During that meeting, the LMSC voted to absorb the \$2 dues increase by USMS and keep registration at \$42. Unfortunately, the Registrar was not present at the meeting and the minutes were not delivered before several swimmers registered for 2011 and paid \$44. The LMSC decided to refund \$2 to anyone who registered at the higher amount and requests a refund. Swimmers should contact the registrar so that he can verify that they paid the higher amount, and then the Secretary/Treasurer will issue a check for the refund. The committee adopted the minutes as read.
- III. Report of Officers – Lynn Morrison reported on the results of the “First meet free” offer. So far 23 swimmers have taken advantage of the offer. Kim Shaw reported on the LMSC’s bank balances. During 2010, the LMSC spent more than it received, but that was in accordance with the goals of the group to provide services to swimmers. Dave Young reported that he still receives questions from swimmers about why the USMS registration is on a calendar year basis rather than on a rolling 12-month period. Lynn indicated she would pursue the matter further. The attendees voted to accept the officer reports.
- IV. Report of Committees – There were no committee reports.
- V. Unfinished business – There was no unfinished business.
- VI. Elections – The next election of officers will be in the summer of 2011.
- VII. New business
 - a. The Dallas Aquatic Masters meet in February will probably take place over the last weekend of the month. The first day (Saturday) will be the regular meet format. The second day will offer a Pentathlon of 50’s or a Decathlon of 50’s and 100’s. The group discussed options for what could be offered on Saturday afternoon. Topics discussed were coaches’ clinics and dry land workouts. Lynn suggested that Steve consider giving a talk about workout design and what the goals are for different types of workouts.

- b. Dave suggested an open water clinic for the summer in conjunction with the DAM long course meet.
- c. It was suggested that the LMSC contact Kristy Frerck about conducting a lecture or clinic about core strengthening.
- d. The group discussed the concept of providing a scholarship to a swimmer for purposes of swimming at a national championship meet. The deadline for nominations is March 1. The group needs to create a nomination form.
- e. The criteria for consideration to receive the scholarship are the following:
 - the candidate must be nominated by a coach;
 - the candidate must achieve NQTs in 5 events in meets during the same season as the national championship to be attended;
 - the candidate must have achieved 2 or more top ten times in the previous year; and,
 - the candidate must have a financial need.
- f. The group discussed the idea of a prize drawing to be held the first day of the DAM swim meet in February. Potential prizes could be a travel voucher to the zone meet in San Antonio, goody bags, coupons, etc.

VIII. Resolutions and Order

- a. The LMSC will reimburse swimmers who paid the extra \$2 for USMS dues.
- b. The LMSC will reimburse the sponsor of the prize drawing up to \$200.00.

IX Adjournment – the meeting was adjourned at 2:30 p.m.